Health Unit Plan

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| Topic | Lesson Date | Quiz Dates | Test Dates |
| Mental and Emotional Health | Aug. 26 – Aug. 31 | Sept. 1 & Sept. 2 | Sept 14& Sept.15(Combined Unit Test) |
| Nutrition and Physical Active | Sept. 1 – Sept. 9 | Sept. 10 & Sept. 11 | Sept. 14 & Sept. 15(Combined Unit Test) |
| Alcohol, Tobacco, and other Drugs | Sept. 14– Sept. 21 | Sept. 18 & Sept. 21 | Sept. 22 & Sept. 24 |
| Interpersonal Communication and Relationship(R.H.A.S.E) | Sept. 22 – Sept. 30 | Project WorkSept. 25 – Sept. 30  | Project PresentOct. 1 & Oct. 2 |
| Cardio Pulmonary Resuscitations (CPR)  | Oct. 5 – Oct. 12 | Group PracticeOct. 9 & Oct. 12 | Individual TestOct. 13 & Oct. 14 |
| Personal and Consumer Health | Oct. 15 – Oct. 20 | ReviewOct. 21 & Oct. 22 | Oct. 21 & Oct. 22 |