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| Topic | Lesson Date | Quiz Date | Tests Date |
| Mental and Emotional Health | Aug. 26 – Sept. 2 |  Sept. 3 & Sept.4  | Sept. 16– Sept. 17(Combined Unit Test) |
| Nutrition and Physical Activity | Sept. 3- Sept. 11 | Sept. 14 & Sept. 15 | Sept. 16– Sept. 17(Combined Unit Test) |
| Alcohol, Tobacco, and other Drugs | Sept. 16 – Sept. 25 | Sept. 24 & Sept. 25 | Sept. 28 – Sept. 29 |
| Interpersonal Communication and Relationships (R.H.A.S.E) | Sept. 30– Oct. 12 | Project WorkOct. 6 – Oct. 9 | Project PresentOct. – Oct. 13 |
| Personal and Consumer Health | Oct. 14 – Oct. 22 | Oct. 19 – Oct. 20 | Oct. 21 – Oct. 22 |

Health Unit Plans