




## James C. Gardner Alcohol Awareness Program Seventh Grade



Dear CMS families,

Charlotte Mecklenburg Schools has partnered with Talk it Out North Carolina to provide an alcohol awareness program. Talk It Out is a North Carolina initiative to help parents/guardians begin the conversation about alcohol. The time to start these conversations is before your child is exposed to alcohol. This online alcohol awareness program will provide this valuable opportunity. The information within the program is aligned to the North Carolina Essential Standards. To complete this program, you must have access to the internet either on a computer, phone, ipad, etc. If you do not have access to the internet, a hard copy of the program will be provided to you. Your child's health teacher has reviewed the expectations of these homework assignments with your child. This program was made possible by the hard work of CMS teachers and parents.

How to begin the Alcohol Awareness Program:

1. Go to <https://goo.gl/jN2TAC>
2. Click on the  within Box #1 titled Introduction.
3. Read the Introduction for more instructions and begin.

Your child's health teacher has requested the following due dates:

Homework Assignment #1: \_\_\_\_\_

Homework Assignment #2: \_\_\_\_\_

Homework Assignment #3: \_\_\_\_\_

Homework Assignment #4: \_\_\_\_\_

Take the Pledge below indicating that you can access the Alcohol Awareness Program and will commit to talking to your child about alcohol.

Cut here to return the Pledge to your child's health teacher. Keep the top portion for information on accessing the Alcohol Awareness Program and the required due dates.

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### FAMILY PLEDGE

I, \_\_\_\_\_, can access the Alcohol Awareness Program and will commit to having these important conversations about alcohol.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Child's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

